



DIRECTORATE OF FISHERIES

# Guidelines for recreational seafishing in Norway



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## Directorate of Fisheries

Strandgaten 229  
Postbox 185 Sentrum  
5804 Bergen  
Norway

Telephone no. in Norway: 03495

From abroad: +47 800 30 179

Web: [www.fiskeridir.no](http://www.fiskeridir.no)



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## Regulations for recreational seafishing for tourists in Norway

You are very welcome to fish for free in the Norwegian sea, provided that you follow a set of simple rules:

- Respect the minimum fish sizes specified. See the table for minimum fish sizes overleaf.
- Foreign tourists are only permitted to use hand-held tackle for angling.
- Tourists are permitted to take up to 15 kg of fish or fish fillets and one (whole) trophy fish out of the country. This export-restriction does not apply for tourists who buy directly from commercial fishermen.
- You must keep a distance of more than 100 metres from the closest fish farm and seine when fishing.
- Foreign tourists are not permitted to sell the catch.
- Eel and spiny dogfish are preserved species in Norway.
- Always wear a life jacket and closely monitor weather forecasts.

In order to preserve our fish stocks in Norwegian sea waters, we encourage everyone to avoid catching fish which is under the minimum size specified. If you should catch a fish which is smaller than the minimum size, you can try changing to a larger hook or move to a new fishing spot.

If you do catch a fish which is smaller than the minimum size, free it carefully from the hook and release it to the sea. If the fish is dead or is clearly not capable of surviving, you can keep it to eat.

## Minimum fish sizes for a selection of important species

Species	Area	Minimum size
Halibut		80 cm
Cod	North of 62° N	44 cm
	South of 62° N	40 cm
Haddock	North of 62° N	40 cm
	South of 62° N	31 cm
Plaice	In Skagerrak	27 cm
	Off the coast of Skagerrak	29 cm
Whiting		32 cm
Redfish		32 cm
Large scallop		10 cm

The length of the fish is measured from the end of the nose to the end of the outermost points of the tail fin. The size of a large scallop is measured using the longest length of the shell.

A complete table of minimum fish sizes and up-to-date regulations for fishing in the Norwegian sea are available at [www.fiskeridir.no](http://www.fiskeridir.no).

### Keep Norway clean and tidy!

Take your refuse with you and ensure that it is properly disposed of.